

Smart Exam Resources
0500 IGCSE English- Paper 1 Topic Questions
and Mark Scheme Topic: Comprehension

COMPREHENSION

1 Read **Text A**, and then answer **Questions 1(a)–1(e)** on the question paper.

Text A: National Doctors' Day

National Doctors' Day is a day celebrated in many countries around the world, although the date may vary from nation to nation.

National Doctors' Day occurs every year. It's meant to bring attention to the service of all doctors – living or dead. We should all appreciate their contribution to individual health and medical progress. But the day may also be a time to reflect on the wellbeing of doctors themselves. A doctor needs to be well, both mentally and physically, in order to make others well.

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Doctors suffer from 'burnout' which typically includes physical or emotional exhaustion, feeling drained and demotivated in work that once excited them. This may also cause doctors to feel a lower sense of fulfilment and become more detached from their work. Of course, this impacts negatively on patients too.

Doctors have some of the most high-intensity, demanding jobs out there – exacerbated by double shifts, emotional stress, and staying on their feet for hours on end. As hospitals try to cram as many patients into one day as possible, doctors often face overwhelming schedules with rarely a chance to breathe, eat, or sleep. Sleep deprivation among doctors poses risks to both individual health and public safety. More reasonable working hours could improve care for all.

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Doctors are under immense pressure to maintain a strong demeanour, making it harder for them to reach out for help. 'The stigma is sometimes difficult to overcome, but finding time to seek help will help us, help our families, our friends, and our patients,' writes Dr. Lea Su about her own struggle with illness during medical school and training.

Perhaps if National Doctors' Day actually meant a day off for all doctors, or more reward than a lunch organised by their employers, it really could make a tangible difference?

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Read **Text A, National Doctors' Day**, in the insert and then answer **Questions 1(a)–(e)** on this question paper.

Question 1

(a) What is meant to be the purpose of National Doctors' Day?

..... [1]

(b) **Using your own words**, explain what the text means by:

(i) 'their contribution to individual health' (lines 2–3):

.....
..... [2]

(ii) 'to reflect on the wellbeing of doctors' (lines 3–4):

.....
..... [2]

(c) Re-read paragraph 2, ('Doctors suffer ... patients too.').

Give **two** ways in which the physical and emotional effects of burnout might affect doctors' attitudes to their work.

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- [2]

(d) Re-read paragraphs 3 and 4, ('Doctors have ... and training.').

(i) Identify **two** ways in which hospitals could make things better for doctors.

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- [2]

(ii) Explain why doctors can find it hard to ask for help.

.....
.....
..... [3]

(e) Re-read paragraph 5, ('Perhaps if ... difference?').

Using your own words, explain why some people could think that National Doctors' Day is not worthwhile.

.....
.....
..... [3]

MARK SCHEME:

PUBLISHED

Question	Answer	Marks
1(a)	<p>What is meant to be the purpose of National Doctors' Day?</p> <ul style="list-style-type: none"> to bring attention to the service of (all) doctors (living or dead) 	1
1(b)(i)	<p>Using your own words, explain what the text means by: 'their contribution to individual health' (line 2–3).</p> <p>Award 2 marks for full explanation (both strands). Award 1 mark for partial explanation.</p> <ul style="list-style-type: none"> how they help / their input / their efforts / what they do (to help) (allow example(s)) each of us stay well / everyone's wellbeing / all of our welfare <p>Credit alternatives explaining the whole phrase, e.g. 'what they have done to advance human wellbeing'.</p>	2
1(b)(ii)	<p>Using your own words, explain what the text means by: 'to reflect on the wellbeing of doctors' (lines 3–4).</p> <p>Award 2 marks for full explanation (both strands). Award 1 mark for partial explanation.</p> <ul style="list-style-type: none"> think about / consider health of medics / fitness of clinicians / welfare of medical practitioners <p>Credit alternatives explaining the whole phrase, e.g. 'pay attention to how fit those looking after our health are'.</p>	2
1(c)	<p>Re-read paragraph 2, ('Doctors suffer ... patients too.').</p> <p>Give <u>two</u> ways in which the physical and emotional effects of burnout might affect doctors' attitudes to their work.</p> <ul style="list-style-type: none"> demotivated in work lower sense of fulfilment more detached from their work negative attitude towards patients 	2
1(d)(i)	<p>Re-read paragraphs 3 and 4, ('Doctors have ... and training.').</p> <p>Identify <u>two</u> ways in which hospitals could make things better for doctors.</p> <ul style="list-style-type: none"> reduce number of patients (in one day) / fewer patients (in one day) / not cram in so many patients reduce time worked / more reasonable working hours / provide breaks 	2
1(d)(ii)	<p>Re-read paragraphs 3 and 4, ('Doctors have ... and training.').</p> <p>Explain why doctors can find it hard to ask for help.</p> <p>Award 1 mark for each idea, up to a maximum of 3.</p> <ul style="list-style-type: none"> image of being a doctor being strong / pressure to maintain strong demeanour stigma attached to asking for help / damage to reputation insufficient time / opportunity 	3
1(e)	<p>Re-read paragraph 5 ('Perhaps if ... a difference?').</p> <p>Using your own words, explain why some people could think that National Doctors' Day is not worthwhile.</p> <p>Award 1 mark for each idea, predominantly in own words, up to a maximum of 3.</p> <p>Answers which are <u>entirely</u> in the words of the text should not be credited.</p> <ul style="list-style-type: none"> doctors do not get a day off work / need time off (not a NDD) / not all doctors can have the day off do not receive anything worth having / only get lunch as a thank you / lunch with colleagues is like being at work does not make any significant difference / achieves nothing / not helpful / paying lip service / only for show / not really show of gratitude 	3